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AUTHOR Drexler, Nora L.
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ABSTRACT

This educational program on drugs and alcohol provides a "No-Use" message to students. The curriculum maintains that alcohol, tobacco, and illicit drugs are unhealthy and harmful, and that society's laws and values are to be respected. The lessons build students' resistance to influences that encourage drug abuse and they promote safe, healthy, and responsible attitudes while correcting mistaken beliefs and assumptions about drugs and alcohol. Lessons appear on 36 "Task Cards" which are intended to be used once a week during a traditional school year. The sequence and frequency with which these Task Cards are used, though, is at the instructor's discretion. Cards may be completed individually or in a group. Each card contains a benchmark (a one or two line goal for the lesson), a short message that the facilitator can present to the students, and an activity, all of which are age appropriate. If students work in groups, they are encouraged to create and display a team name, a pennant or banner with their team symbol, a license plate, a team motto or slogan, and a simulated 1-800 phone number. Cartoon characters with positive messages appear at the end of the publication and these can be awarded to students as incentives. (RJM)

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Drexler Associates, Inc, P.O. Box 722, Erie, PA 16512

SPARKS EDUCATIONAL PROGRAMS

Smart People Act Responsibly to Keep Safe

DRUG AND ALCOHOL AWARENESS

FOR

Grade Three

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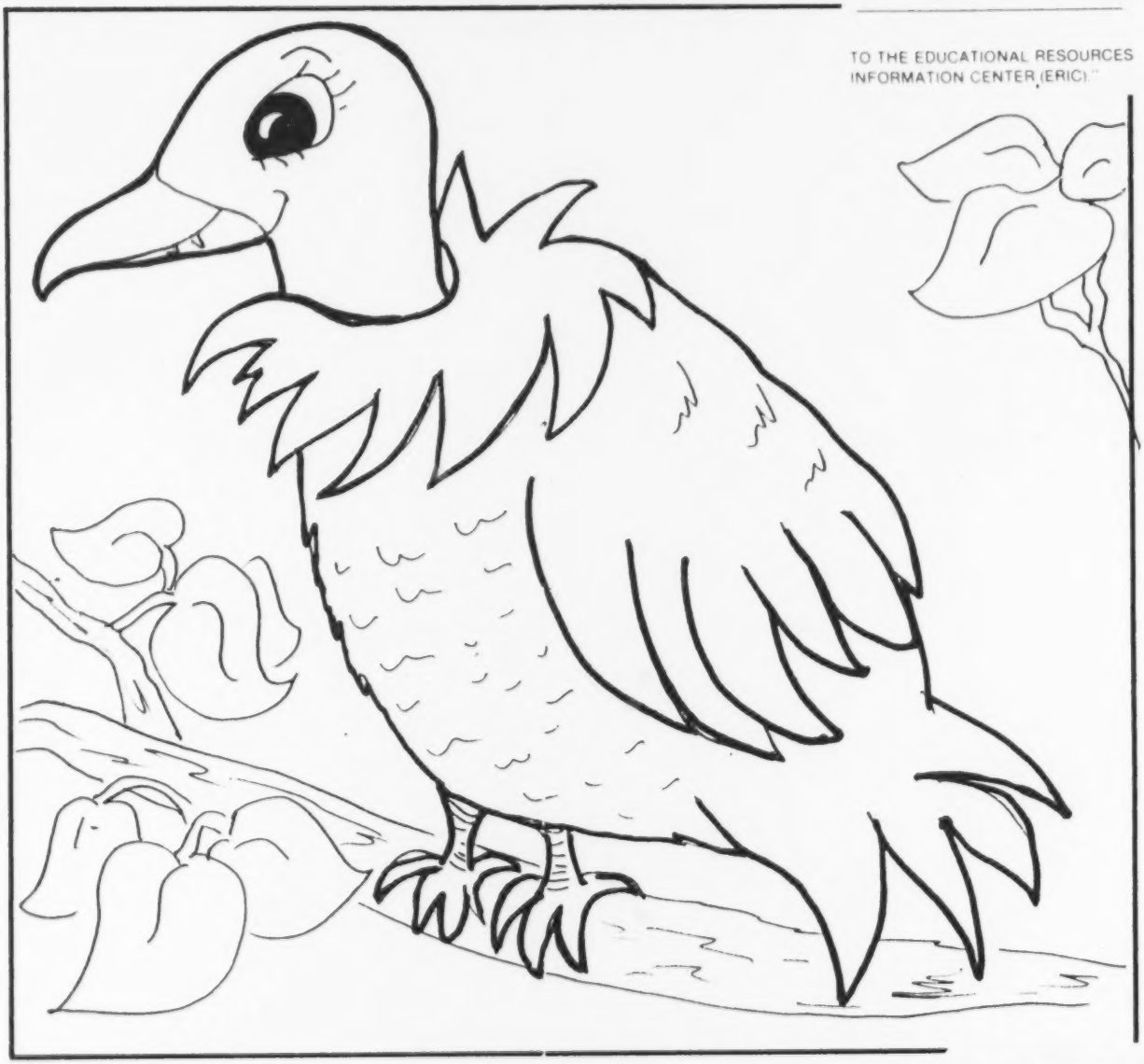

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SPARKS EDUCATIONAL PROGRAMS

Drug and Alcohol Awareness Programs

Nora L. Drexler, the author and illustrator of SPARKS EDUCATIONAL PROGRAMS, received her M. Ed. from Gannon University and has received special training in Gifted Education from the University of Connecticut. She has taught regular and gifted education in Kindergarten through grade eight in Pennsylvania. Currently she teaches Gifted Education in the Millcreek Township School District in Erie, Pennsylvania. She has participated in the Governor's Lead Teacher Program in PA. She gives national and international presentations, and teaches new trends in computer technology. She implements cooperative learning, integrated curriculums and directs educational television programs for children.

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RATIONALE

SPARKS, (Smart People Act Responsibly to Keep Safe), is a nationally marketed, educational program brought to you exclusively by Drexler Associates, Inc. The "NO-USE" message in this curricula is clear, consistent, and positively communicated throughout this material. This program spirals in a continuous progression from kindergarten through grade eight and maintains that the use of alcohol, tobacco and illicit drugs is unhealthy and harmful, and that the laws and values of our society are to be respected. This program builds resistance to influences that encourage drug abuse, promotes safe, healthy and responsible attitudes, and corrects mistaken beliefs and assumptions.

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TO THE TEACHER/FACILITATOR

The lessons on the "Task Cards" in this publication are designed for use once a week, for a traditional thirty-six week school year. However, the actual sequence or frequency of these Task Cards should be at the discretion of the prevailing instructor, counselor or group leader in charge. The Task Cards could be completed individually or used in a cooperative learning, group situation. Benchmarks can be discussed orally and the facts can be written in a student notebook.

If students are working in small groups of three or four students, they should create and display their team names, a pennant or banner with their team symbol, a license plate (Example: WE-ARE-#1), a team motto or slogan, and a simulated 1-800 phone number, (Example: 1-800 -NODRUGS).

The teacher can assign "tangible" points to the teams in the form of buttons, popcorn kernels, perler beads, etc. contained in a jar or plastic, reclosable sandwich bag, or show points listed on a chart. Points can be administered by the teacher's discretion for accuracy, cooperation, quality work, creative answers, organization, participation, effort, extra drug and alcohol information or speakers brought into the class, etc. Winning team upon conclusion of the task cards, is the one with the most points. Students delight in seeing visible progress through the containers, and competition becomes more exciting each week.

Cartoon characters, from the Creature Feature Cards at the end of this publication, can be awarded to students in any quantity, in any fashion, for any reason, at the discretion of the group facilitator.

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To the Student: About Drugs and Crime

When drugs are prescribed by doctors and used wisely, they can ease pain and suffering, help fight infection and even cure diseases. But when drugs are not supervised by a doctor, not used wisely, or used by someone other than the person for whom the drug was prescribed, they can cause pain, suffering, illness and even death. Do not experiment with any drugs, medicine, alcohol or chemicals!

Sooner or later, you will probably come in contact with people who are using illegal drugs or alcohol or, who are selling or "pushing" this habit on others. You may be tempted to try the drug because of stories you have heard, of promises made by the "pusher," just from curiousity, or because of the pressure to do whatever your friends are doing. However, drugs will NEVER help you get better grades, will NEVER make you more popular, and will NEVER solve any problems that you may have.

Drugs and alcohol can cause you a lot of pain, make you very sick and even cause death. It may seem hard for you to say "No," but it is certainly easier to refuse drugs NOW, than to try to break the habit later. Be strong in your plans to stay clean and free from drugs, alcohol and crime. Don't hang around with other kids who get into trouble with the law, or who use drugs or alcohol. Stick with friends who respect the drug-free, crime-free choice. You must learn the facts about drug and alcohol abuse, and care about your body, your mind, and your future.

Crime is everybody's business! Preventing crime is everyone's duty. All citizens in our country have the responsibility of keeping themselves safe and their community safe. You also, share in this important responsibility. Laws of your state and city, as well as the rules within your home, school and community, were designed to keep you safe and help you grow up to be the best you can be. Obey the laws. Obey the rules. Encourage your friends to respect laws, rules and property. Whenever a crime is committed, everyone pays. Taxes go up, more money is spent to fix property, or to punish criminals, or to hire more staff to help protect innocent people. Think about it. This is money that could have been routed for other purposes such as health care, research for diseases, better parks, roads, education, inventions, space travel, etc. Whenever a crime is commited, someone is injured or rights are violated. Crime hurts everyone. It takes a long time to rebuild damaged property and fix broken lives. Everyone suffers. Everyone pays the price.

You and your classmates can help. Take steps to prevent crime. Follow the rules. Report law breakers or suspicious behavior. Be respectful of those in authority. Honor police officers and those who risk their lives every day so that you and your family can have a better life, without fear of intruders, vandalism, pollution, theft, or drivers on the road who are under the influence of alcohol or drugs. Perhaps, you, too, will choose a career in law, or law enforcement, to continue to help our citizens live and grow in a crime-free, drug-free environment.

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TASK CARD # 1

BENCHMARKS - The student should know:

- Alcohol and drugs affect all body parts
- Happiness does not come from a drug "high"
- Happiness comes from reaching personal goals and doing community service
- Each person is precious and special

Activity: Designing Team Cruise Ship

You are going to compete in a game using a cruise ship. Each team has its own ship. Today you will draw the outline of the large cruise ship. Name your ship. Add as many things to the ship as you can. (Ropes, anchors, life preservers, windows, decks, ladders, horn, smoke stacks, radar, flags, etc.) Your ship should be colorful and neatly drawn.

TASK CARD # 2

BENCHMARKS - The student should know:

- Setting goals for yourself will help you stay on track
- Selling or using drugs is against the law
- People who sell drugs are called "pushers"
- People who are cared about and supported, will not turn to drugs
- No one is perfect
- You need to organize and control your life

Activity: Cruise Ship

In the last drug-free task for Card # 1, you designed a large cruise ship for your team. You will want to fill your Cruise Ship with many rooms. The winning team is the team having the largest cruise ship, in other words, the ship with the most rooms.

You earn "rooms" by writing facts about drugs and alcohol. You must get these facts from an actual reference source, such as a book, magazine, pamphlet, newspaper, encyclopedia, etc. Each fact should be on one index card, written neatly and clearly. (All the facts your team gathers, will also be used for other activities, even when the Cruise Ship competition is over!) Each time we do a newTask Card, more and new rooms will be offered to all groups, one room per fact. If you have more facts gathered than rooms offered, you can have more than one room in that category. For example: 3 Dinosaur Souvenir Rooms or 4 Cinema Areas or 5 Zero Gravity Rooms. Assign one member of your team who likes to record and who is a neat printer, to record the names of the rooms you earned right on the Cruise Ship itself, in small rectangular boxes. No more rooms can be added until the next time we do a Task Card. The ship is not in port. It is cruising the oceans and no new rooms can be added until it returns for the next Task Card.

Special Bonus: 20 rooms automatically for anyone who arranges for a drug or alcohol professional (policemen, probation officer, counselor) to come and speak to this group.

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TASK CARD # 3

BENCHMARKS - The student should know:

* Drug usage may lead to other serious crimes
* Students may turn to drugs due to peer pressure
* Beer, wine and wine coolers are alcoholic beverages
* Each of us needs to focus on talents and strengths, not our inadequacies

Activity: Cruise Ship

Cruise Ship: Award the following rooms in this time frame: (If facts exceed rooms offered, students can have more than one of the perferred rooms) One fact per room.

Rooms: Gymnasium, Miniature Golf Course, Croquet, Main Cabin, Beads and Things Shop, Puzzles and Past Times Shop, Bank, Telegrams, Subs Galore, Pizza Palace, Sunglasses Galore, Ships' Treasurer.

TASK CARD # 4

BENCHMARKS - The student should know:

* States have laws that must be observed for smoking and drinking
* You should like yourself and respect your body, not abuse it
* Athletes may be tempted to take steroids to be stronger and run faster
* Steroids have many bad side effects

Activity: Cruise Ship

Cruise ship continued:

Rooms: Kitchen, Video Rental, Film and Camera Shop, Bank Vault, Computer Games, Arcade, Zero Gravity Room, Jungle Room, Reading Room, Jewelry Shop, Diaper Changing Area, Kiddie Cars.

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TASK CARD # 5

BENCHMARKS - The student should know:

* Alcohol or drug usage cannot fix a problem or make it go away
* Drugs or alcohol will not make you forget your mistakes
* Everyone makes mistakes; silly mistakes and big mistakes
* You can forgive yourself and continue with your life
* Doctors and hospitals prescribe drugs in a controlled way to make you better

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Bike Shop, Craft Store, Floral Shop, Gifts Around the World, Dinosaur Shop, Travel Agency, Electric Toy Shop, Insurance Agency, X-Ray Room, Law Enforcement, Crews' Quarters, Cook's Quarters.

TASK CARD # 6

BENCHMARKS - The student should know:

* Drug users may be using dirty needles that carry many diseases
* Drugs given by doctors, or over-the-counter medicines given by parents, are safe
* Stress can be good for you
* Stress can hurt you
* People with overwhelming stress may turn to drug or alcohol usage
* Humor may reduce stress

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Tennis Court, Ping Pong Room, Batteries and More, Autograph Sessions, Conference Room, Crews' Quarters, Pharmacy, Beauty Supplies, Pets for Sale, Notions and Sundries, Magazine and Newsroom.

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TASK CARD # 7

BENCHMARKS - The student should know:

- The human body is a precision instrument that can easily be thrown out of gear
- Drug pushers can be any age, even school age children
- Drug pushers must be reported to a law enforcement agency
- Drugs can be inhaled, swallowed or injected

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Fresh Water Tanks, Coal Room, Cargo Holds, Message Retrieval Center, Life Preservers, Motor Cars, Luggage, Forward Deck, Boiler Room, Vans and Truck, Cycle Storage, Starboard Anchor.

TASK CARD # 8

BENCHMARKS - The student should know:

- Staying physically fit will help you think clearly and make the right decisions
- Drugs and alcohol are actually a form of pollution for your body and mind
- Cigarette smoking is hazardous to your health
- Cigarettes are addictive and contain nicotine

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Captain's Quarters, First Mate's Room, Holding Cell, Firemen's Area, Officers' Quarters, Ice Cream Parlor, Fabric Shop, Sneakers, Inc., Smart Suitcases, Inc., Card Shop, Electronic Games.

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TASK CARD # 9

BENCHMARKS - The student should know:

- Alcohol is a drug and there is no cure for alcoholism
- That cigarette smoking causes your lungs to turn black and the air to turn blue
- Cigarette butts and ashes in ashtrays have a strong odor

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Tropical Fish Store, Bird Bonanza, Crow's Nest, Flag Staff, Stateroom, Rigging Storage, Flag Storage, Cleaning Supplies, Closet, Maid's Room, Storeroom, Hatch Way.

TASK CARD # 10

BENCHMARKS - The student should know:

- Alcohol is a serious problem in our country.
- Almost half of all highway deaths are alcohol-related
- Students who abuse drugs and alcohol miss schoolwork and may end up dropping out of school
- There is nothing funny or silly about a person staggering from drunkeness

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Ship's Provisions, Aft Deck, Face Painting Bonanza, Haunted House Simulations, Anchor Storage, Jeans for All, Inc, Science Store, Port Anchor, Life Boats, Lockers, Wicker World

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TASK CARD # 11

BENCHMARKS - The student should know:

- Both girls and boys can have drinking problems
- Tobacco was brought to the U.S. a long time ago by early settlers
- Alcohol and drug usage can be linked to other crimes
- Alcohol and drug usage creates a temporary "high"

Activity: Cruise Ship

Cruise Ship continued:

Rooms: TV Room, Information, Sauna, Playroom, Cafe, Bridal Attire, Library, Snack Machines, Soft Drink Machines, Shoe Repair, Dry Cleaners, Laundry, Nursery.

TASK CARD # 12

BENCHMARKS - The student should know:

- Stress can be controlled without drugs
- Persons who are addicted on drugs or alcohol should talk to a school counselor, family doctor, a clergyman or a trusted friend

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Beach Toys, Inc., Bookstore, Grandparent's Store, Bowling Alley, Fingerpainting Hut, Roller Rink, Indoor Playground, Easter Egg Co., Music Room, Meeting Room, Babysitting Service, Blood Pressure Checkpoint.

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TASK CARD # 13

BENCHMARKS - The student should know:

- Dirty needles used with drug addicts spread diseases
- Drug and alcohol abuse costs America a lot of money to pay for high insurance rates and the hiring of more police officers
- Drugs cause physical changes in your body
- Drugs and alcohol affect the way you think and act
- People who serve alcohol to minors are breaking the law

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Sick Bay, Theater # 1, Theater # 2, Gemstone Shop, Salon, Barber Shop, Leather Shop, Beach Towels, Inc, Umbrella Shop, Fashion Earring Shop, Souvenir Photos, Inc., Aerobic Center, Puppet Show, Radio Store, Refrigerated Cargo, Canned & Bottled Storage.

TASK CARD # 14

BENCHMARKS - The student should know:

- The damage from alcohol and drug use may be dangerous and permanent
- Many other people do not realize that beer, wine, and wine coolers are alcoholic beverages
- Alcohol kills many brain cells
- Cigarette smoke harms the smoker and may irritate other people in the room

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Hair Salon, Attorney's Office, Tropical Fruit Stand, Chocolates, Inc, Telephones, Gangplank, Coin Room, Currency Room, Navigation Room, Complaint Central.

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TASK CARD # 15

BENCHMARKS - The student should know:

* Older people such as grandparents may have started smoking many years ago before the bad effects of cigarette smoking were found
* Chewing tobacco and pipe smoking is also harmful
* Steroids can have serious side effects
* Drug tests can determine if steroid use is happening

Activity: Cruise Ship

Cruise Ship continued:

Rooms: Stage and Performance Area, Volleyball, Basketball Court, Snack Bar, Restaurant, Shuffleboard, Adult Pool, Kiddie Pool, Sun Deck, Souvenir Shop, Costume Shop, Bathing Suit Boutique, Ballroom, Social Director's Cabin, Kitchen # 1, First class Dining Room.

TASK CARD # 16

BENCHMARKS - The student should know:

* You must not take medicine prescribed for another person
* Some drugs are considered over-the-counter
* Some drugs may look like candy
* Prescription drugs taken in the wrong doses, for the wrong reasons, for the wrong person, can be dangerous

Activity: Cruise Ship

Now that you have many rooms in your cruise ship, invent 15 more for the class to include before the game ends at Task Card # 17.

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TASK CARD # 17

BENCHMARKS - The student should know:

* Students must learn to say "NO" with practice and confidence
* The people you spend time with are the ones who will affect your behavior the most
* Physicians go to college and study for many years to become doctors
* Doctors use drugs to help patients

Activity: "Aloha" Party

By now you have learned many drug and alcohol facts through your research scavenger hunt. Each team must count the total rooms for their cruise ship. Who is the winner? Celebrate! Plan an "Aloha" party! Share facts you gathered about drug and alcohol abuse.

TASK CARD # 18

BENCHMARKS - The student should know:

* There are many career opportunities in law enforcement
* That we all have the power and creativity to convey drug-free messages to others
* There are many alternative methods to get "high" that are drug-free choices.

Activity: Perfect Kids' Community

You will be using your imagination today as your team begins to form a new city. Teams will be working on the "Perfect Kid's Community". It is a crime-free and alcohol-free community. This community you are inventing will be set up on another planet. We would need to use a spaceship flight to visit you. You will be far out in space with your new city. Fold a large piece of paper in half. This is your suitcase. List all the things you would need, to be away from home for a month.

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TASK CARD # 19

BENCHMARKS - The student should know:

* Drug-free fun and activities do not have to cost money
* The community will support drug-free students and activities
* The police officer is a caring individual who is dedicated and risks his life to protect law abiding citizens

Activity: Captain's Log, Rocket Ship Panorama

We are now packed for our team flights. Assign who will be navigator, captain, etc. Create a captain's log. Tell all about your first day in space. Use large black paper with colored chalk, if it is available, to show the view from the spaceship windshield. What do you see? Stars, planets, meteors, explosions, constellations, comets, space junk, other rocketships, satellites?

TASK CARD # 20

BENCHMARKS - The student should know:

* Athletes who use steroids run the risk of being removed from their team competition
* Athletes who use steroids may have to forfeit any medals, trophies, awards or certificates
* All living things need to be cared for, respected, and not abused

Activity: Team photograph of planet

Your teams have landed on their new planet. Name your planet. Name your new drug-free city. Show a drawing of what your planet looked like from outer space, and how it looked when you landed on the ground.

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TASK CARD # 21

BENCHMARKS - The student should know:

* Sticking together is important in fighting the War on Drugs
* Marijuana can also be called grass, hay, pot and weed
* Marijuana grows in the Middle East, US, Mexico, Africa and India in mild climates
* Marijauna plants grow in excess of five feet

Activity: Governing Rules on Planet, Travel Poster

Create a long list of rules for your new drug-free community. What happens there? What doesn't happen there? Color a travel poster for this new land. Show why people would want to visit or live there.

TASK CARD # 22

BENCHMARKS - The student should know:

* There are many children whose mothers and fathers are alcoholics
* Alcoholics can get help to stop drinking, but there is no "cure" for alcoholism
* Some people smoke or chew tobacco

Activity: Neighborhood Map

Make a map of your city. Name the roads. The roads should have "theme" names (or words in the same category). Show where schools, hospitals, ballfields, etc will be. Be careful where you place buildings on the map. Should a noisy ballfield be next to a hospital? Should restaurants be far away from shopping areas? Should factories be next to houses?

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TASK CARD # 23

BENCHMARKS - The student should know:

* Cigarettes, chewing tobacco and snuff all contain the drug nicotine
* Nicotine is a drug that makes your heart work harder
* Tobacco causes lung disease, cancer and death.

Activity: Invitations, Fashion Design

Design an invitation to visit this drug-free community. What time and date will the space shuttle leave? What do visitors need to pack? What kind of dress or uniforms or costumes does everyone need to wear? Draw pictures to show design.

TASK CARD # 24

BENCHMARKS - The student should know:

* Alcohol use today is much worse than years ago
* Half of our 6th graders feel pressure to drink
* Alcohol is an active drug

Activity: Picture of Daily Planetary Life

What are typical souvenirs that tourists buy at this space community? What things make Kids' Drug-free Community special? Do they live in treehouses? Can they walk upside down? Are the trees decorated a special way? What kinds of animals are there? What will visitors remember the most? What kind of weather do you have?

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TASK CARD # 25

BENCHMARKS - The student should know:

* 8 out of 10 kids who try only a half pack of cigarettes will become hooked for years or even their entire lives
* Chewing tobacco causes cancer of the mouth and other diseases of the gums and teeth
* Marijuana smoke has more tar and cancer causing agents than tobacco

Activity: Definitions

Prepare a "Dictionary of Terms" for your class with words such as:

ABUSE	CRACK	NARCOTIC
ACID	DEPRESSANT	NICOTINE
ALCOHOL	DRUG ADDICT	OVER-THE-COUNTER
AMPHETAMINES	GRASS	POT
ANALGESICS	HALLUCINATE	PRESCRIPTION DRUGS
ANTIBIOTICS	HEROIN	PUSHER
BARBITUATES	HIGH	STIMULANT
COCAINE	JOINT	TOBACCO
COMA	MORPHINE	TRIP

TASK CARD # 26

BENCHMARKS - The student should know:

* Craving is more intense with cocaine than any other drug
* Cocaine inhalation causes sores and ulcers in the nose
* Crack, a newer, smokable form of cocaine is highly addictive

Activity: Research

Find information on drug treatment centers and addicts. List many reasons why it would not be a pleasant experience. Wouldn't you rather be drug-free and vacationing in a resort?

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TASK CARD # 27

BENCHMARKS - The student should know:

* When a person smokes marijuana, he has trouble doing even simple things like riding a bike
* The drug from one marijauna cigarette can stay in a person's body over a month
* Smoking marijuana is more harmful than smoking tobacco cigarettes

Activity: Bookmarks

Design bookmarks with a drug-free message to be used by other classrooms or a library. Use pencil lightly, then go over in black ink for photocopying. Use designs, pictures, drug and alcohol facts on the the bookmarks. Use rulers so your product will be neat. Photocopy. Cut apart. Color or allow the new owners to color.

TASK CARD # 28

BENCHMARKS - The student should know:

* Taking medicine that is prescribed for someone else is very dangerous and against the law
* If your friends make fun of you because you won't try drugs, they're really not your friends at all
* You should always feel good about saying "NO" to drugs

Activity: Place mat

Drug-free place mat.

Use 18" x 24" construction paper. Create a colorful drug-free poster. Use rulers, colored pencils, markers, paint or photographs. Cover both sides of the paper with clear adhesive shelving paper. Trim to correct size, Use your place mat! Make drug-free place mats as gifts!

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TASK CARD # 29

BENCHMARKS - The student should know:

* People say "NO" to drugs because they don't like how drugs make them feel
* People say "NO" to drugs because drugs are against their religion
* People say "NO" to drugs because drug use is against the law

Activity: Letterwriting

Use a phone book to find drug or alcohol agencies in your city. Write to a local, state or national agency for free drug and alcohol abuse information. Addresses for national agencies are also listed in public libraries.

TASK CARD # 30

BENCHMARKS - The student should know:

* Regular drinking causes kids to give up sports or hobbies
* Medicines are illegal drugs ordered by doctors to make sick people well
* Medicine should only be taken if you are sick

Activity: Contest for Primary Students

Prepare a simple drug and alchol presentation for a kindergarten or first grade group. Use facts from your Cruise Ship Competition. Draw a poster or picture using black ink. Photocopy many, so that your little "students" can color them. Perhaps you could think of a reward, like candy, you could offer for the best poster. Perhaps their teacher will give a few "No Homework Passes".

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TASK CARD # 31

BENCHMARKS - The student should know:

* Drug abusers must accept the fact that they are powerless over the substance
* Drug abusers must realize there are terrible consequences from their habit
* Drugs are habit forming

Activity: Penpal letters, video letters

Send a drug-free letter, or "video" letter, to students in another school in another state. Special reference books in public libraries have names and addresses of all schools and principals. Perhaps you can start your own drug-free pen pal club.

TASK CARD # 32

BENCHMARKS - The student should know:

* Drugs destroy healthy bodies
* Never eat, drink or sniff anything that you are unsure of
* Stay away from people who use drugs

Activity: Senior Citizen Interviews

Invite some senior citizens, perhaps Grandparents, to come in and share how crime, violence, drug and alcohol problems were different when they were younger. Older people are a vault of wisdom and information and should be respected.

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TASK CARD # 33

BENCHMARKS - The student should know:

- Drug abuse persists because parents buy kegs of beer for teenager parties
- Drug abuse continues because advertisers plug alcohol and cigarettes
- Drug abuse continues because movies display drug use and rock stars glamorize it

Activity: Gameboards

Make drug free gameboards using posterboard, cardboard or large paper. Invent items for "tokens" as players move across the gameboard path you create. (buttons, pebbles, etc.) Use the drug facts from your Cruise Ship competition, with one fact on each index card, Make some true and some false. Show the answer on the side with the question. Use dice or spinners. Decide on rules. Groups play each others games.

TASK CARD # 34

BENCHMARKS - The student should know:

- If you are stopped for driving under the influence of alcohol, you may be arrested
- Your parents will be notified of the arrest by the police
- If you are arrested for drunk driving you may be kept for blood, urine or breath testing

Activity: Presentation

Plan a presentation for people in a community to show off all the wonderful activities you did using the Task Cards. Invite the press or television stations. Design a type of badge or "medal" you could wear. Design invitations. Someone with a camera should take pictures.

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TASK CARD # 35

BENCHMARKS - The student should know:

* 8 out of 10 kids who try only a half pack of cigarettes will become hooked for years or even their entire lives
* Chewing tobacco causes cancer of the mouth and other diseases of the gums and teeth
* Marijuana smoke has more tar and cancer causing agents than tobacco

Activity: Scavenger Hunt

Litter pollutes our land, water and air. Count and list all the litter you can find outside in ten minutes. Team with longest list wins. Now list in 10 minutes all the ways drugs and alcohol pollute your bodies. Longest list wins. Which is easier for you to control, outside litter or inside litter? Inside litter, if you do not do drugs!

TASK CARD # 36

BENCHMARKS - The student should know:

* Craving is more intense with cocaine than with any other drug
* Cocaine inhalation causes sores and ulcers in the nose
* Crack, a newer, smokable form of cocaine is highly addictive

Activity: Path to the Future

List simple facts you gathered from the Cruise Ship Competition. Create creek stones or a pathway of stepping stones with important drug facts written on each one. Place the stepping stones in a visible place where everyone can read the drug facts!

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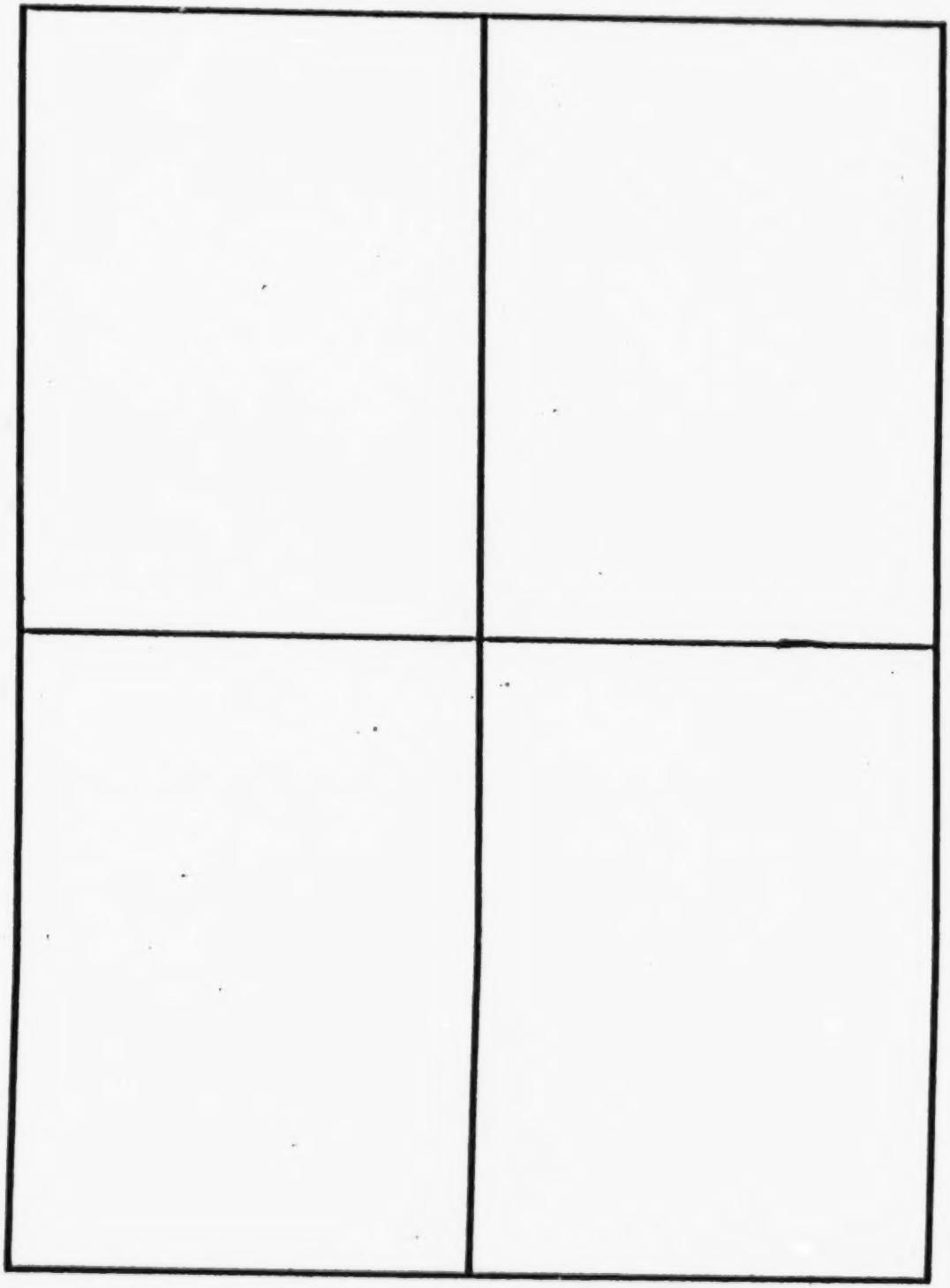
SCRAPBOOK

Duplicate many for student use.



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DESI NATE
Designated drivers please! No drunk drivers!

DAFFY KNIT
Definitely time to refuse cigarettes and alcohol.

DANIELLE ATME
Don't yell at me. I just want you to be safe from drugs.

DY NAMIC
Dynamic drug-free group here

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C. HAPPY

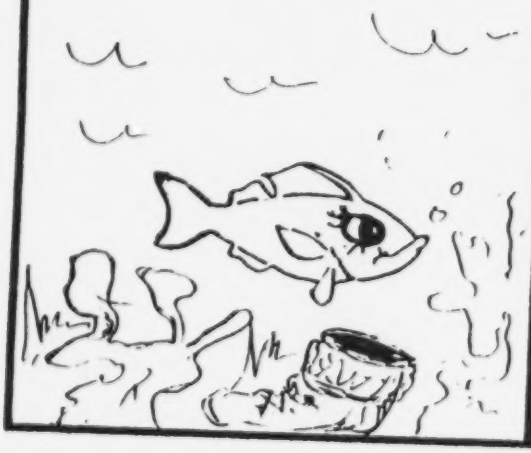
See happy, drug-free kids high on life!

ANN AREA

An area around your school is a drug-free zone

A. BOOT

A beautiful group of 3rd grade drug-free leaders.



P. PULL

People in your city care and want you safe from drugs

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MEG ASTAR

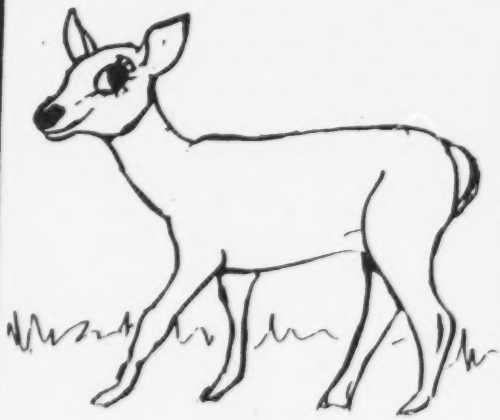
Mega star is what you are when you are drug-free.

MAXI MUM

Maximum number of great drug-free kids here.

SHY ANNE

Shy Ann must be brave and refuse drugs!



NEIL LAND

Kneel and pick up any beer cans polluting our land.

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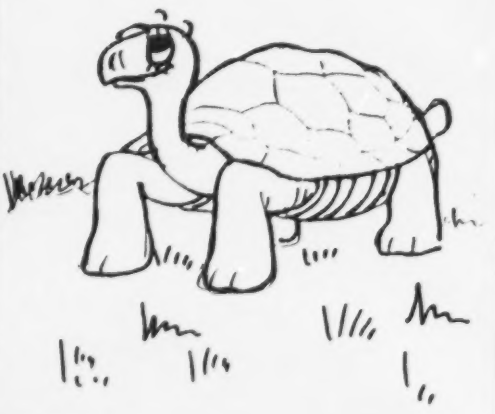
SUE MANY
So many happy drug-free faces here!

ABE BILITY
Ability to refuse alcohol or cigarages?
Good for you!



JOY N. FORCES
Join forces to wipe out drugs

MISSY CHIEF
Mischief leads to crime and drug use
Stay clear

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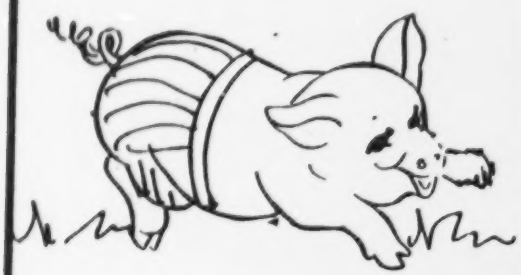
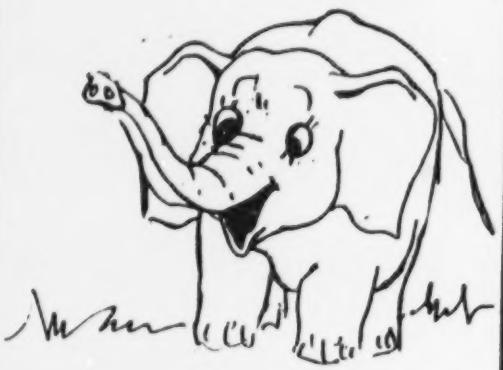
REED OOZE

Reduce highway accidents by getting drunk drivers off the road.



KURT TAIL

Curtail your exposure to any cigarette smoke



KAY SLOADS

Case loads of drunk drivers losing their license

U. ZING

Using alcohol can be deadly

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SIS TEM

System for a drug-free future is now in place.

STAR TULL

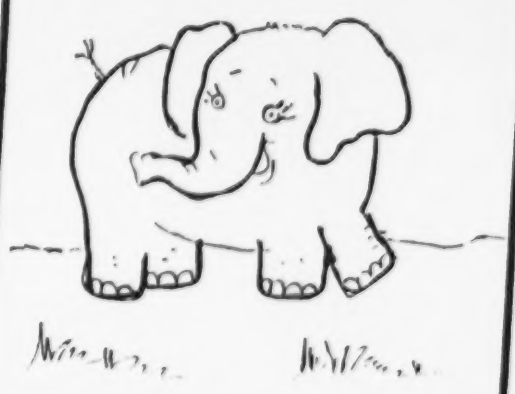
Startled drunk drivers are now being arrested!

ERNIE A. LIVING

Earning a living someday in
a drug-free 21st Century

STAN DARDS

Standards for USA are high No drugs!



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BEA CALM

Be calm, but firm. Refuse drugs.

ANNA VERSE

Anniversary for USA is July 4th

Celebrate drug-free!

BENNY FITS

Benefits are many, for not being addicted

BIFF FORE

Before you go, remember that I care about you

You're special!

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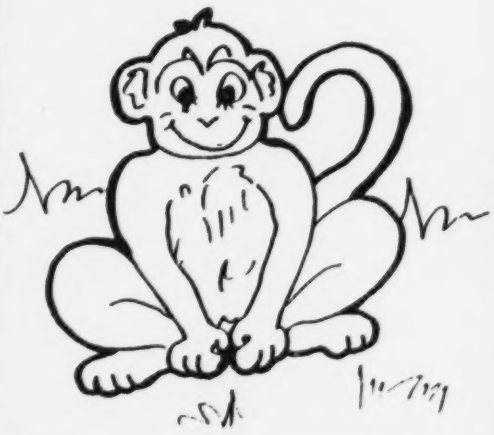
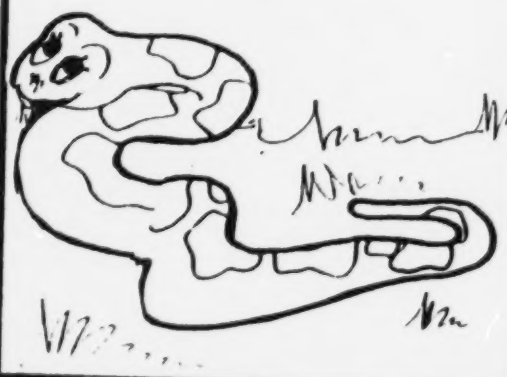
A. BAND

A band of alcohol-free third graders here.



GENE KNEE

Genius idea ..a drug-free 21st Century.



RUTH LESS

Ruthless war now on, for a drug-free 21st Century.

BETH THAT

Bet that you don't know how special you are!

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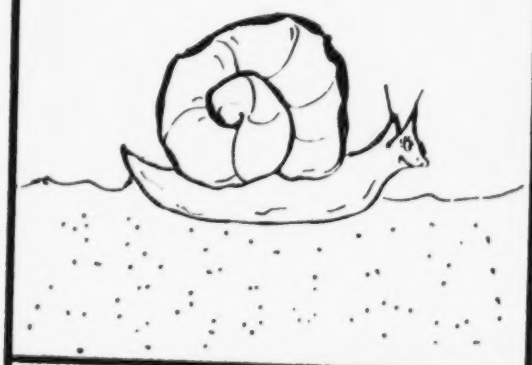
ADA LINE

Add a line to your drug-free poster...
Alcohol is harmful!



PHIL TER

Filter air from cigarette smoke!

FAY VORITE

Favorite drug-free third graders here.

OTTO NO

Ought to know that wine, wine coolers and beer are alcoholic.

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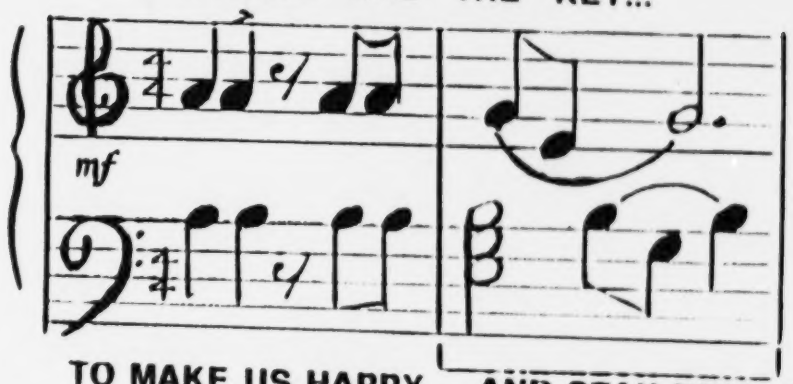
Andante

THEME SONG

SPARKS ARE THE KEY...



TO MAKE US HAPPY AND STAY DRUG-FREE!

WE'LL FOLLOW YOU AND BE YOUR FRIEND,

LET'S CHASE THE SUN AND FIND THE RAINBOW'S END!

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SPARKS UNDER STAND...

SO TAKE OUR HAND AS WE CROSS THIS LAND...

IT'S UP TO YOU AND IT'S UP TO ME...

TO MAKE THIS WORLD A BETTER PLACE TO BE!

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SPARKS DRUG AND ALCOHOL AWARENESS TEST FOR GRADE THREE

NAME_____DATE_____

WRITE "TRUE" OR "FALSE" ON THE LINE BEFORE THE STATEMENT.

_____1. Steroids do not have any side effects. They just make you stronger.

_____2. Laws for drinking and smoking in your state, must be followed.

_____3. Drug usage will never lead to more serious crimes.

_____4. Everyone makes mistakes, and no one is perfect.

_____5. Alcohol or drug usage cannot fix a problem or make it go away.

_____6. Although a drug pusher can be any age, a drug pusher would never be a school-age student.

_____7. Drug pushers must be reported to a law enforcement agency.

_____8. Cigarettes are not addictive and smokers can stop whenever they want to.

_____9. Cigarette smoking causes your lungs to turn black and the air to turn blue.

_____10. Alcohol is not a serious problem in the U.S.

_____11. Only 5 percent of highway deaths are drug related.

_____12. There is nothing funny or silly about a person staggering from drunkenness.

_____13. Only boys have drinking problems.

_____14. Alcohol and drug use can be linked to other crimes.

_____15. Dirty needles used by drug addicts cause many other diseases.

_____16. Drug tests cannot detect steroid use.

_____17. Some drugs look like candy.

_____18. Students must learn to say "NO" to drug use and not be concerned about losing friends.

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_____19. The U.S. cannot grow marijuana because the climate is not right for this plant.

_____20. If parents are alcoholics, it is the child's fault.

_____21. Students who try cigarettes, may be "hooked" for years or for their entire life.

_____22. Crack is a newer, smokable form of cocaine.

_____23. Craving is more intense for cocaine than any other drug.

_____24. Marijuana does not have as much tar and cancer causing agents as tobacco.

_____25. Regular alcohol use will cause students to have poor grades in school, to give up sports and to give up hobbies.

FILL IN THE BLANK WITH THE CORRECT TERM.

26. Setting _____ will help you keep your life on track.

27. People who sell drugs are called_____.

28. Some students turn to drugs because of _____ pressure.

29. Illegal drugs that people who compete in sports may take to become very strong are called _____.

30. _____ and hospitals prescribe drugs in a controlled way to make you better, relieve pain and cure diseases.

31. Cigarettes contain the drug _____.

32. A person under the legal age to do something is called a _____

33. Alcohol kills many brain _____.

34. Cigarette smoking harms the smoker, and may hurt many other _____ in the room.

35. Many people think that beer, wine, and wine _____ are not alcoholic.

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MULTIPLE CHOICE. CIRCLE THE CORRECT ANSWER.

36. An example (s) of drugs is:
    A. cigarettes
    B. beer
    C. wine
    D. whiskey
    E. all of the above

37. Drugs can be:
    A. inhaled
    B. injected
    C. swallowed
    D. all of the above
    E. none of the above

38. Drugs and alcohol are a form of _____to your body and mind.
    A. candy
    B. pollution
    C. vitamin
    D. mineral
    E. all of the above

39. Prescription drugs
    A. are meant only for the person for whom they were prescribed
    B. should never be used by another person
    C. should be kept in a safe area
    D. should not be put into another, unmarked container
    E. all of the above

40. Marijuana can also be called
    A. grass
    B. hay
    C. pot
    D. weed
    E. all of the above

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SPARKS DRUG AND ALCOHOL AWARENESS TEST FOR GRADE THREE

ANSWER KEY

WRITE "TRUE" OR "FALSE" ON THE LINE BEFORE THE STATEMENT.

FALSE 1. Steroids do not have any side effects. They just make you stronger. **THEY DO HAVE OTHER SIDE EFFECTS**

TRUE 2. Laws for drinking and smoking in your state, must be followed.

FALSE 3. Drug usage will never lead to more serious crimes. **IT CAN**

TRUE 4. Everyone makes mistakes, and no one is perfect.

TRUE 5. Alcohol or drug usage cannot fix a problem or make it go away.

FALSE 6. Although a drug pusher can be any age, a drug pusher would never be a school-age student. **IT COULD**

TRUE 7. Drug pushers must be reported to a law enforcement agency.

FALSE 8. Cigarettes are not addictive and smokers can stop whenever they want to. **THEY ARE ADDICTIVE**

TRUE 9. Cigarette smoking causes your lungs to turn black and the air to turn blue.

FALSE 10. Alcohol is not a serious problem in the U.S. **IT IS**

FALSE 11. Only 5 percent of highway deaths are drug related.

TRUE 12. There is nothing funny or silly about a person staggering from drunkenness.

FALSE 13. Only boys have drinking problems. **GIRLS AND BOYS BOTH**

TRUE 14. Alcohol and drug use can be linked to other crimes.

TRUE 15. Dirty needles used by drug addicts cause many other diseases.

FALSE 16. Drug tests cannot detect steroid use. **THEY CAN**

TRUE 17. Some drugs look like candy.

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TRUE 18. Students must learn to say "NO" to drug use and not be concerned about losing friends.

FALSE 19. The U.S. cannot grow marijuana because the climate is not right for this plant. **CAN BE GROWN**

FALSE 20. If parents are alcoholics, it is the child's fault. **NOT CHILD'S FAULT**

TRUE 21. Students who try cigarettes, may be "hooked" for years or for their entire life.

TRUE 22. Crack is a newer, smokable form of cocaine.

TRUE 23. Craving is more intense for cocaine than any other drug.

FALSE 24. Marijuana does not have as much tar and cancer causing agents as tobacco. **MORE**

TRUE 25. Regular alcohol use will cause students to have poor grades in school, to give up sports and to give up hobbies.

FILL IN THE BLANK WITH THE CORRECT TERM.

26. Setting **goals** will help you keep your life on track.

27. People who sell drugs are called **pushers**.

28. Some students turn to drugs because of **peer** pressure.

29. Illegal drugs that people who compete in sports may take to become very strong are called **steroids**

30. **Doctors** and hospitals prescribe drugs in a controlled way to make you better, relieve pain and cure diseases.

31. Cigarettes contain the drug **nicotene**.

32. A person under the legal age to do something is called a **minor**.

33. Alcohol kills many brain **cells**.

34. Cigarette smoking harms the smoker, and may hurt many other **people** in the room.

35. Many people think that beer, wine, and wine **coolers** are not alcoholic.

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MULTIPLE CHOICE. CIRCLE THE CORRECT ANSWER.

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